

SUBJECT: Physical Education

UNIT: Rugby – Year 8



Skills:

Passing – Students should start to learn how to pass the ball further distances using the spin pass.

Catching – Students should be able to catch a ball competently whilst on the move.

Tackling – Students should be able to tackle safely during a competitive scenario.

Students start to look at the different positions and their roles within a rugby match.

Rugby positions (Rugby League):

Backs (Attacking positions)

- 1 Full back
- 2 Right wing
- 3 Right centre
- 4 Left centre
- 5 Left wing
- 6 Stand-off half
- 7 Scrum half

Forwards (Defensive positions)

- 8 Prop (Front Row Forward)
- 9 Hooker or Dummy-half
- 10 Prop (Front Row Forward)
- 11 Second Row Forward
- 12 Second Row Forward
- 13 Lock Forward

Key Words

Pass

Tackle

Ruck

Try

Conversion

Positions (Rugby league)

