SUBJECT: Sport - NCFE

UNIT: Content Area 4



R058 – Task 1: Essential Equipment Knowledge Organiser

Unit Overview

This task focuses on selecting and evaluating essential equipment for children from birth to five years. Learners must research, explain suitability, and evaluate equipment choices for either travel or changing, considering safety, age, durability, hygiene, and other key factors.

1. Types of Equipment

- Travel Equipment: pushchairs, walking reins, tricycles, car seats, balance bikes.
- Changing / Toileting Equipment: changing mats, potty, toilet seat, toilet steps, storage for wet clothes. Learners should choose equipment suitable for a specific age range (e.g. 4–5 years) and justify why each is appropriate.

2. Suitability Factors

<u>Factor</u>	What to Consider	Why it Matters
Age & Weight	Is the equipment size and	Ensures comfort, usability,
	design suitable for the child's	and safety.
	developmental stage?	
Safety	Does it meet safety standards? Prevents accidents and	
	Are there sharp edges or	injuries.
	choking hazards?	
Durability / Quality	Is it robust and made of high-	Ensures longevity and value
	quality materials?	for money.
Ease of Cleaning / Hygiene	Can it be easily cleaned or	Promotes health and prevents
	sanitized?	infection.
Storage / Portability	Is it easy to store or	Important for flexible use in
	transport?	limited spaces.

3. Key Vocabulary

<u>Term</u>	<u>Definition</u>
Suitability	How appropriate equipment is for a child's
	age, needs, and safety.
Evaluate	Weigh up pros and cons to justify choices and
	rejections.
Durability	How long equipment lasts and withstands
	repeated use.
Safety Standards	Rules ensuring equipment is safe and suitable
	for children.
Hygiene	How easy it is to clean and maintain
	equipment safely.
Portability	Ease of moving or storing the equipment.
Contextual Application	Applying explanations specifically to the
	child's age or setting.