



Own Your Actions- No Excuses



Ready

- Wear full uniform
- Be punctual
- Bring all required equipment
- Bring your homework on time, every time



Respectful

- To all adults
- To all students
- To the school environment
- Follow all reasonable instructions from staff



Safe

- At all times, in all areas
- Accept that only you are responsible for your actions



Kind

- To others and yourself



Know Your Emotions

BLUE ZONE



Tired, Lonely,
Bored, Sad,
Disappointed

GREEN ZONE



Calm, Relaxed
Focused, Content,
Happy

YELLOW ZONE



Silly, Excited
Worried, Scared,
Frustrated

RED ZONE



Enraged, Angry
Hysterical, Terrified,
Inconsolable