

# OCR Cambridge National in Child Development

## Career Options

Nursery assistant  
Nursery teacher  
Social worker  
Paediatrician  
Primary school teacher  
Child psychologist  
Speech and language therapist  
Teaching assistant



## Subject Content

OCR Cambridge National in Child Development qualification consists of 3 units.

### **R057: Health and well-being for child development**

Working as a health or childcare professional needs an understanding of the care needs for children of all ages, starting right from the pre-conception stage. It's important to understand the key factors that impact on becoming pregnant, having a healthy pregnancy and creating a safe and healthy environment for the baby when it is born so that you can help and support those in your care. In this unit you will learn about the importance of both pre-conception health and creating conditions in which a child can thrive, including the prevention and management of childhood illnesses and creating a safe environment.

### **R058: Create a safe environment and understand the nutritional needs of children from birth to five years**

It is important that childcare settings provide a safe and nurturing environment to care for babies and young children. Childcare settings may include childminders, day nurseries, parent and toddler groups, playgroups, crèches and forest schools. In this unit, you will learn how to create a safe environment for children from birth to five years in childcare settings. You will investigate and choose equipment that is both suitable and safe for use and will learn about their nutrition and dietary needs.

### **R059: Understand the development of a child from one to five years**

In this unit you will learn the expected developmental norms for children from one to five years. You will use observation and research techniques and skills to investigate these development norms and explore your findings. You will also learn the importance of creating plans and providing different play activities to support children in their development.

## Assessment Information

This level 2 Child Development and Care Course is taught over two years.

Throughout the two years, the course is made up of 3 taught units.

Unit R057: Health and well-being for child development is a written exam lasting 1 hour 15 minutes. This question paper consists of two sections, comprising short answer and extended response questions. Section A: 40 marks.

Section B: 30 marks

Unit R058: Create a safe environment and understand the nutritional needs of children from birth to five years  
This set assignment contains four practical tasks.

It should take approximately 12-14 Guided Learning Hours to complete.

Unit R059: Understand the development of a child from one to five years  
This set assignment contains two practical tasks.

It should take approximately 10-12 Guided Learning Hours to complete.

## Why Study...?

This course aims to develop your knowledge and understanding of the development and well-being of children aged 0-5 and gives you an insight into the roles and responsibilities necessary for working with children in a variety of settings and job roles. This course also not only prepares you to work with children but also prepares you for later life when becoming parents which will give you a strong understanding of how children grow and develop and how you as a parent could help your child develop further and in line with a child's expected development.

**Key Contact:** Jennifer Hardy (JHardy@sandhillview.com)