



Remote Learning for SEND



What we do?

Sandhill View take a pupil-centred approach

Pupils are supported in lessons using their pupil passport. This will allow teaching staff to understand the best way for pupils to learn.

Sandhill View support students and families

Students with SEN needs will receive weekly/ twice weekly support phone calls to support learning.

Sandhill View work with students to suit their learning style

Lessons are taught using quality first teaching, this will allow students to feel supported and access learning. Students are able to ask questions and ask for support throughout each lesson.

What you can do?

Keep the day calm and predictable

Think about continuing the regular routine that you normally follow. Routines for self-care can support your child's independence. Think about following your child's timetable, doing lessons at the same time and taking breaks.

Think about the environment

Your child may find it hard to concentrate in spaces with small noises or bright light. Examine the environment and think about what might be causing an issue.

Use visual cues

Visual cues and prompts can help your child to understand. By giving children visual cues this can often reduce the amount of verbal support you need to give your child.

What there is to support?

Over the next pages you will find numerous websites and areas that you can access for support.

Needing technical support?

Support with hardware/software and logging onto remote websites can be found by emailing:

ithelpdesk@southmoormat.co.uk

Mental Health Support:

Sunderland Initial Response Team (IRT) - 0303 123 1145

The service is available 24 hours, 7 days a week, throughout the year.

Kooth - www.kooth.com - Offers free, safe, anonymous online support.

Young Minds - www.youngminds.org.uk - Offers advice on mental health issues

Teen Life Check - www.nhs.uk/live-well - Offers online health service aimed at young people aged 12 to 15 years to meet their desire to take more responsibility for their own health and well-being

Talk to Frank - www.talktofrank.com - Offers confidential advice about smoking, drugs and alcohol

Bullying UK - www.bullying.co.uk - Offers information on a range of bullying issues.

Samaritans - www.samaritans.org - 116 123 or email jo@samaritans - You can access confidential emotional support at any time.

NSPCC - www.nspcc.org.uk - Childline offers free, confidential advice and support whatever your worry, whenever you need help.

Childline - www.childline.org.uk - 0800 1111

Childline offers here to help anyone under 19 in the UK with any issue they're going through. You can talk about anything. Whether it's something big or small, their trained counsellors are there to support you.

NHS Direct - 111 www.nhsdirect.nhs.uk - Phone 111 - speak to a fully trained health advisor

Shout - Text 85258 <https://giveusashout.org/>

A 24/7 text service, free on all major mobile networks, for anyone in crisis anytime, anywhere. It's a place to go if you're struggling to cope and you need immediate help. Text 85258.

Mind - 0191 565 7218, 07984595542 or admin@sunderlandmind.co.uk

A confidential, high-quality service for offered to all individuals experiencing emotional or mental health problems. You can sign up to any of the services; they are open to everyone.

Wellbeinginfo.org - A useful website for anyone looking to improve their mental health and wellbeing. Resources include: local support services, information about specific mental health and wellbeing issues, links to other websites and helplines.

Support and advice specifically for parents/carers:

Young Minds - Information on child and adolescent mental health.

Phone: Parents' helpline 0808 802 5544 (Monday to Friday, 9.30am to 4pm)

Website: www.youngminds.org.uk

Sunderland MIND - Support for parents/carers who are supporting young people

Website: <https://www.mind.org.uk/information-support/for-children-and-young-people/information-for-parents/>

Anna Freud - <https://www.annafreud.org/coronavirus-support/support-for-parents-and-carers/>

Support for parents and carers - how to support children during the coronavirus:

NHS -

The following website includes a list of mental health charities, organisations and support groups that offer expert advice covering a wide range of mental health and wellbeing issues.

NSPCC -

Support and tips to help you keep children safe. From advice on children's mental health to staying safe online, support for parents and what to do if you're worried about a child.

Website: <https://www.nspcc.org.uk/keeping-children-safe/>

Parent club -

The Parent Club website has lots of useful information to help families who are in isolation at home with young children.

Website: <https://www.parentclub.scot/topics/coronavirus>

CAMHS -

<https://www.sunderlandcommunitycamhs.nhs.uk/>

Remote Learning for SEND



If you need any support Miss Summerside can be contacted via MyEd, telephone or email:
0191 594 9992

summerside.a@sandhillview.com